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|  **Empower February 2025 Breakfast Menu** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **03** | **04** | **05** | **06** | **07** |
| Assorted Cereal Granola Bar Banana Fresh Fruit Milk | Nutri Grain Bar Applesauce 100% Fruit Juice Milk | Assorted Cereal Muffin Raisins Fresh Fruit Milk | Nutri Grain Bar Fruit Cup 100% Fruit Juice Milk | Assorted Cereal Granola Bar Yogurt Fresh Fruit Milk |
| **10** | **11** | **12** | **13** | **14** |
| Assorted Cereal Muffin Yogurt Cutie Orange Milk | Nutri Grain Bar Applesauce 100% Fruit Juice Milk | Assorted Cereal Muffin Raisins Fresh Fruit Milk | Nutri Grain Bar Cutie Orange Jello 100% Fruit Juice Milk | Assorted Cereal Muffin Peaches Milk |
| **17** | **18** | **19** | **20** | **21** |
| **NO SCHOOL****Presidents Day** | Nutri Grain Bar Applesauce 100% Fruit Juice Milk | Assorted Cereal Muffin Raisins Fresh Fruit Milk | Nutri Grain Bar Fruit Cup 100% Fruit Juice Milk | Assorted Cereal Granola Bar Yogurt Fresh Fruit Milk |
| **24** | **25** | **26** | **27** | **28** |
| Assorted Cereal Muffin Yogurt Cutie Orange Milk | Nutri Grain Bar Applesauce 100% Fruit Juice Milk | Assorted Cereal Muffin Raisins Fresh Fruit Milk | Nutri Grain Bar Cutie Orange Jello 100% Fruit Juice Milk | Assorted Cereal Muffin Peaches Milk |
| *03* | *04* | *05* | *06* | *07* |
| *Assorted Cereal* *Granola Bar* *Banana* *Fresh Fruit* *Milk* | *Nutri Grain Bar* *Applesauce* *100% Fruit Juice* *Milk* | *Assorted Cereal* *Muffin* *Raisins* *Fresh Fruit* *Milk* | *Nutri Grain Bar* *Fruit Cup* *100% Fruit Juice* *Milk* | *Assorted Cereal* *Granola Bar* *Yogurt* *Fresh Fruit* *Milk* |

***February 2025*** ~ BREAKFAST MENU CYCLE ~ ***Revised: 01/11/2025***

***Menu items are subject to change according to product availability.***

***Two 8-oz milk options offered daily: Low-fat unflavored milk Low-fat flavored milk***