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| **Empower February 2025 Breakfast Menu** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **03** | **04** | **05** | **06** | **07** |
| Assorted Cereal  Granola Bar  Banana  Fresh Fruit  Milk | Nutri Grain Bar  Applesauce  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Raisins  Fresh Fruit  Milk | Nutri Grain Bar  Fruit Cup  100% Fruit Juice  Milk | Assorted Cereal  Granola Bar  Yogurt  Fresh Fruit  Milk |
| **10** | **11** | **12** | **13** | **14** |
| Assorted Cereal  Muffin  Yogurt  Cutie Orange  Milk | Nutri Grain Bar  Applesauce  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Raisins  Fresh Fruit  Milk | Nutri Grain Bar  Cutie Orange  Jello  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Peaches  Milk |
| **17** | **18** | **19** | **20** | **21** |
| **NO SCHOOL**  **Presidents Day** | Nutri Grain Bar  Applesauce  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Raisins  Fresh Fruit  Milk | Nutri Grain Bar  Fruit Cup  100% Fruit Juice  Milk | Assorted Cereal  Granola Bar  Yogurt  Fresh Fruit  Milk |
| **24** | **25** | **26** | **27** | **28** |
| Assorted Cereal  Muffin  Yogurt  Cutie Orange  Milk | Nutri Grain Bar  Applesauce  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Raisins  Fresh Fruit  Milk | Nutri Grain Bar  Cutie Orange  Jello  100% Fruit Juice  Milk | Assorted Cereal  Muffin  Peaches  Milk |
| *03* | *04* | *05* | *06* | *07* |
| *Assorted Cereal*  *Granola Bar*  *Banana*  *Fresh Fruit*  *Milk* | *Nutri Grain Bar*  *Applesauce*  *100% Fruit Juice*  *Milk* | *Assorted Cereal*  *Muffin*  *Raisins*  *Fresh Fruit*  *Milk* | *Nutri Grain Bar*  *Fruit Cup*  *100% Fruit Juice*  *Milk* | *Assorted Cereal*  *Granola Bar*  *Yogurt*  *Fresh Fruit*  *Milk* |

***February 2025*** ~ BREAKFAST MENU CYCLE ~ ***Revised: 01/11/2025***

***Menu items are subject to change according to product availability.***

***Two 8-oz milk options offered daily: Low-fat unflavored milk Low-fat flavored milk***