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|  **Empower February 2025 Lunch Menu** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **03** | **04** | **05** | **06** | **07** |
| Chicken Alfredo with Penne Pasta Broccoli Fresh Fruit Milk | Beef Taco Mexican Rice w/beans Lettuce & Slaw Diced Tomatoes Fresh Fruit Milk | 4 Chicken Wings Roll Potato Salad Green Beans Fresh Fruit Milk | Corn Dog Green Beans Corn Fresh Fruit Milk | Beef Chili Frito Corn Chips Cole Slaw Fresh Fruit Milk |
| **10** | **11** | **12** | **13** | **14** |
| Hot Dog Bun Baked BeansCorn Fresh Fruit  | Chicken Legs Mac & CheeseBroccoli Fresh Fruit  | Beef Macaroni Dinner Roll Salad Fresh Fruit  | Turkey Sandwich Chips Celery w/Ranch Fresh Fruit  | Herb Baked Chicken WG Roll Green Beans Mashed Potatos Baked Apples  |
| **17** | **18** | **19** | **20** | **21** |
| **NO SCHOOL****Presidents Day** | Chicken Patty Roll WG Rice Green Beans Fresh Fruit Milk | Sloppy Joe Bun  Salad Potato Wedge Fresh FruitMilk | Chicken Alfredo with Penne Pasta Broccoli Fresh Fruit Milk | WG Spaghetti Meatballs Marinara Sauce Roll Salad Salad Fresh Fruit Milk |
| **24** | **25** | **26** | **27** | **28** |
| WG Bean Burrito Green Peas Cheese Sauce Fresh Fruit Milk | Nachos Chips Beef Taco Meat Queso Cheese Sauce Salad Fresh Fruit Milk | Pulled BBQ Chicken Bun Mac & CheeseBroccoli Fresh Fruit Milk | Chicken Tenders Maple Waffles Potato Patty Fresh Fruit Milk | Turkey Sandwich Chips Celery w/Ranch Fresh Fruit Milk |
| *03* | *04* | *05* | *06* | *07* |
| Chicken Patty Roll WG Rice Green Beans Fresh Fruit Milk | Beef Chili Frito Corn Chips Cole Slaw Fresh Fruit Milk | WG Bean Burrito Green Peas Cheese Sauce Fresh Fruit Milk | Chicken Alfredo with Penne Pasta Broccoli Fresh Fruit Milk | Corn Dog Green Beans Corn Fresh Fruit Milk |

***February 2025*** ~ 5wk LUNCH MENU CYCLE ~ Portion Sizes (K-8/9-12) ~ ***Revised: 01/17/2025***

***Menu items are subject to change according to product availability.***

***Two 8-oz milk options offered daily: Low-fat unflavored milk Low-fat flavored milk***