

<b>Empower March 2025</b>			<b>Breakfast Menu</b>	
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>
Assorted Cereal (2oz) Granola Bar (1oz) Banana (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Fruit Cup (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Assorted Cereal (2oz) Muffin (1oz) Yogurt (½c) Cutie Orange (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	<b>NO School In-Service Day</b>	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Assorted Cereal (2oz) Granola Bar (1oz) Banana (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Fruit Cup (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Assorted Cereal (2oz) Muffin (1oz) Yogurt (½c) Cutie Orange (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Cutie Orange (½c) Jello (4oz) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
<b>31</b>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
<b>Spring Break NO SCHOOL</b>				

*March 2025 ~ BREAKFAST MENU CYCLE ~ Revised: 03/04/2025  
Menu items are subject to change according to product availability.*