

Empower April 2025			Breakfast Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
Spring Break NO SCHOOL				
7	8	9	10	11
Assorted Cereal (2oz) Granola Bar (1oz) Banana (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Fruit Cup (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
14	15	16	17	18
Assorted Cereal (2oz) Muffin (1oz) Yogurt (½c) Cutie Orange (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Cutie Orange (½c) Jello (4oz) 100% Fruit Juice (4oz) 1% Milk (1c)	NO School In-Service Day
21	22	23	24	25
Assorted Cereal (2oz) Granola Bar (1oz) Banana (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Fruit Cup (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)
28	29	30	01	02
Assorted Cereal (2oz) Muffin (1oz) Yogurt (½c) Cutie Orange (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Applesauce (½c) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Raisins (½c) Fresh Fruit (½c) 1% Milk (1c)	Nutri Grain Bar (2oz) Cutie Orange (½c) Jello (4oz) 100% Fruit Juice (4oz) 1% Milk (1c)	Assorted Cereal (2oz) Muffin (1oz) Peaches (½c) 1% Milk (1c)

April 2025 ~ BREAKFAST MENU CYCLE ~ **Revised: 02/26/2025**
Menu items are subject to change according to product availability.