

Springs Empower SY 25-26 Lunch K-8

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 No Service	2 No Service	3 No Service
6 Lunch Entree Crispy Chicken Sandwich Vegetables Veggie Sticks Spiral French Fries Fruit Assorted 100% Fruit Juice Pineapple Tidbits Milk 1% Milk Fat Free Chocolate	7 Lunch Entree Chicken Tacos Vegetables Garden Salad Refried Beans Fruit Assorted 100% Fruit Juice Fresh Apple Slices Milk 1% Milk Fat Free Chocolate	8 Lunch Entree Spaghetti with Meatballs and Garlic Bread Vegetables Veggie Sticks Broccoli Fruit Assorted 100% Fruit Juice Fruit Cocktail Milk 1% Milk Fat Free Chocolate	9 Lunch Entree Chicken Teriyaki and Brown Rice Vegetables Garden Salad Stir Fry Vegetable Blend Fruit Assorted 100% Fruit Juice Fresh Banana Milk 1% Milk Fat Free Chocolate	10 Lunch Entree Cheese Pizza Pepperoni Pizza Vegetables Veggie Sticks Italian Blend Fruit Assorted 100% Fruit Juice Mandarin Oranges Milk 1% Milk Fat Free Chocolate
13 Lunch Entree WG Corn Dog Vegetables Veggie Sticks Tater Tots Fruit Assorted 100% Fruit Juice Pineapple Tidbits Grains Dinner Roll Milk 1% Milk Fat Free Chocolate	14 Lunch Entree Loaded Cheese Fries Vegetables Garden Salad Black Beans Fruit Assorted 100% Fruit Juice Fresh Apple Slices Milk 1% Milk Fat Free Chocolate	15 Lunch Entree Pasta with Meat Sauce Vegetables Veggie Sticks Broccoli Fruit Assorted 100% Fruit Juice Fruit Cocktail Milk 1% Milk Fat Free Chocolate	16 Lunch Entree Crispy Chicken Sandwich Vegetables Garden Salad Tater Tots Fruit Assorted 100% Fruit Juice Fresh Banana Milk 1% Milk Fat Free Chocolate	17 Lunch Entree Cheese Pizza Pepperoni Pizza Vegetables Veggie Sticks Corn Fruit Assorted 100% Fruit Juice Mandarin Oranges Milk 1% Milk Fat Free Chocolate
20 Lunch Entree Grilled Cheese Sandwich Vegetables Veggie Sticks Baked Beans Fruit Assorted 100% Fruit Juice Pineapple Tidbits Milk 1% Milk Fat Free Chocolate	21 Lunch Entree Chicken Hard Taco Vegetables Garden Salad Whole Kernal Corn Fruit Assorted 100% Fruit Juice Fresh Apple Slices Milk 1% Milk Fat Free Chocolate	22 Lunch Entree Homestyle Chicken Bowl Vegetables Veggie Sticks Orange Glazed Carrots Fruit Assorted 100% Fruit Juice Fruit Cocktail Milk 1% Milk Fat Free Chocolate	23 Lunch Entree Chicken Teriyaki and Brown Rice Vegetables Garden Salad Spiral French Fries Fruit Assorted 100% Fruit Juice Fresh Banana Milk 1% Milk Fat Free Chocolate	24 Lunch Entree Cheese Pizza Pepperoni Pizza Vegetables Veggie Sticks Fruit Assorted 100% Fruit Juice Mandarin Oranges Milk 1% Milk Fat Free Chocolate Misc. Ranch

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>27</p> <p>Lunch Entree Mini Corn Dog Nuggets</p> <p>Vegetables Veggie Sticks Baked Beans</p> <p>Fruit Assorted 100% Fruit Juice Pineapple Tidbits</p> <p>Milk 1% Milk Fat Free Chocolate</p>	<p>28</p> <p>Lunch Entree Breakfast For Lunch</p> <p>Vegetables Garden Salad Whole Kernal Corn</p> <p>Fruit Assorted 100% Fruit Juice Fresh Apple Slices</p> <p>Milk 1% Milk Fat Free Chocolate</p> <p>Condiments Ranch Dressing</p>	<p>29</p> <p>Lunch Entree Spaghetti with Meatballs and Garlic Bread</p> <p>Vegetables Veggie Sticks Orange Glazed Carrots</p> <p>Fruit Assorted 100% Fruit Juice Fruit Cocktail</p> <p>Milk 1% Milk Fat Free Chocolate</p>	<p>30</p> <p>Lunch Entree Chicken and Waffle</p> <p>Vegetables Garden Salad Spiral French Fries</p> <p>Fruit Assorted 100% Fruit Juice Fresh Banana</p> <p>Milk 1% Milk Fat Free Chocolate</p>	<p>31</p>

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2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

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